

Level 1 Award in Coaching Angling: Angling Support Coach

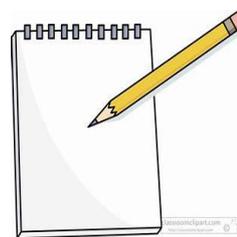
Requirements for taking this course online

- You must be at least 16 years old when you take part in your selected course.
- You need some experience in any angling discipline (Coarse, Game or Sea).

Technical requirements (hardware, software and any fishing equipment)

- ▶ An **internet-connected device with sound, microphone and camera** (ideally a PC or laptop — a hand-held device isn't really suitable)
- ▶ **A reasonable size of screen** to see details such as other coaches demonstrating small-scale activities, for example tying knots
- ▶ **Access to Zoom conferencing***
- ▶ **Microsoft Word** to access, edit, save and submit your coursework
- ▶ Some **small items of fishing tackle** such as hooks and line (no need for rods or tackle boxes) and scissors: there will be details in your pre-course mailing
- ▶ Something to **make your own notes** as you go along.

*If you're using a PC you can simply click the invitation that the tutor emails to you, but if you use an Apple device you'll need to download the free software at <https://zoom.us/>



There are no essays to write and no tests, just short answers and brief records of what you've covered with the group. The aim is to provide evidence of what you know and have learned.

You will need to take part in all the group sessions, plus an individual practical assessment "slot" of about 45 minutes, which your tutor will arrange with you.

We'll send your Learner portfolio and resources workbook by email as Microsoft Word files, and after completing the sessions you'll need to email the completed coursework to your tutor for signing off and certification.

Schedules can vary, but typically a course will entail two or three group sessions of between two and three hours, plus a one-to-one session of around 40 minutes. The online sessions may be during the day or in the evening, and will usually take place over a combination of weekdays and weekend days.

It's a good idea to let others in your household know when your sessions are going to take place, to free up the bandwidth for you.

Microwave ovens and baby monitors can also affect your internet connection if they are switched on.



Course content

The Angling Support Coach qualification is focused on applied coaching practice, so that Learners will start practical delivery within half an hour on Day 1, and that will continue through to the assessment.

The course breaks down coaching delivery into three areas:

- ▶ **ACTIVATE**, including interpretation of the working relationship of Lead and Support Coaches; planning for the needs of the individual angler; dynamic risk assessment and keeping it safe
- ▶ **DELIVER**, including giving instructions; demonstrating; using open questions; building rapport; making it fun and keeping it safe; using praise appropriately
- ▶ **REVIEW**, including Safeguarding responsibilities; closing the session; reviewing the learning that's taken place; setting the topic for the next session; feedback to the Level 2 Lead Coach on individual learning; self-review and personal goal-setting

A couple of things you WON'T need for this course:

- ◆ You **don't** need a DBS check to take or pass the qualification.
- ◆ You **don't** need to be a member of Angling Trust.

If you wish to become a Licensed Coach after you've qualified, we'll attend to DBS checking for you, and the licence gives you AT membership as well.
Read on....

Becoming a Licensed Coach



By taking this qualification through Angling Trust's Coaching Centre you'll be eligible to apply for the first year of coach licensing without the usual annual fee.

Once the Coaching Centre has your tutor's authorisation to request 1st4sport to issue a qualification certificate, Licensing Admin can send you what's needed to apply for the appropriate category of DBS check that is required for an All Age Groups coach licence.

The Licensed Coach Scheme offers you specialised insurance, credibility and membership of Angling Trust, plus some useful discounts.