

## Level 1 Award in Coaching Angling: Angling Support Coach

### Requirements for taking this course

- You must be at least 16 years old when you attend your selected course.
- You need some experience in any angling discipline (Coarse, Game or Sea).

The cost of a Level 1 course undertaken through Angling Trust's Coaching Centre is £230. This includes tuition, resources, registration with 1st4sport and certification, but not meals, travel or accommodation.

You **don't** need to be a member of Angling Trust to take a coaching qualification.

You **don't** require any kind of DBS check to take a coaching qualification.

### Attended courses

You will need to attend both days of your selected course, usually between 9:30 am and 5 pm on each day. Your coursework will be assessed during the attendance days and you should be able to take it away with you at the end of Day 2.

You'll also be provided with a resources workbook which contains useful information and which you can supplement with your own notes and additions as you take part in the course.

### **Course content**

The Angling Support Coach qualification is focused on applied coaching practice, so that Learners will start practical delivery within half an hour on Day 1, and that will continue through to the assessment.

The course breaks down coaching delivery into three areas:

- ▶ **ACTIVATE**, including interpretation of the working relationship of Lead and Support Coaches; planning for the needs of the individual angler; dynamic risk assessment and keeping it safe
- ▶ **DELIVER**, including giving instructions; demonstrating; using open questions; building rapport; making it fun and keeping it safe; using praise appropriately
- ▶ **REVIEW**, including Safeguarding responsibilities; closing the session; reviewing the learning that's taken place; setting the topic for the next session; feedback to the Level 2 Lead Coach on individual learning; self-review and personal goal-setting

## **Becoming a Licensed Coach**

By taking this qualification through Angling Trust you will be eligible to apply for the first year of coach licensing without the usual annual fee. Once the Coaching Centre has your tutor's authorisation to request 1st4sport to issue a qualification certificate, Licensing Admin can send you what's needed to apply for the appropriate category of Enhanced DBS check that is required for an All Age Groups coach licence.

Licensed Coaches receive Angling Trust membership as part of their licence "package", which also provides Public Liability and Professional Indemnity insurance.

Licensed Coach status can't be conferred automatically and isn't part of the 1st4sport qualification — coaches need to apply for a licence after they have the qualification.