

## Maintaining the currency of your First Aid training

**Update JANUARY 2024**

At one time all Level 2 coaches were required to renew their First Aid training by attending a face-to-face workshop, and Angling Trust did not accept online training for First Aid.

However Covid-19 restrictions made it increasingly difficult to update this training in the traditional way, and those workshops which were available tended to be in the upper price range. Even now, there may be fewer moderately-priced attended courses than previously.

**Angling Trust has therefore arranged with its insurers Howden to direct coaches to online training at a moderate cost which has been assessed and approved for Level 2 qualification and for maintaining the validity of a coach licence.**

If you need First Aid to undertake a Level 2 qualification, or if your First Aid certificate needs to be renewed, you should now take the **Emergency First Aid at Work Online Training Course** provided by **eLearning at Work**. You can access this via the following link:

<https://www.elearningatwork.co.uk/courses/first-aid-training/emergency-first-aid-at-work>

**It's recommended that you access this training using Google Chrome as other browsers may not function as efficiently with the eLearning site. Apple or iPad users may also find that access is less straightforward.**

The cost is **£16 plus VAT for a single user** (£19.20 inc VAT), and this provides you with a certificate which Angling Trust will accept as valid for up to 3 years. There are also discounted Bundle arrangements for 10, 20 or 45 users, which could be helpful for clubs, angling projects or groups of coaches.

Successfully completing the course gives you access to an electronic certificate which you can email to [angela.woodgates@anglingtrust.net](mailto:angela.woodgates@anglingtrust.net) for your qualification or licensing record to be updated with the new details. **The "View certificate" link that you receive on completion won't work for anyone else, as it requires your confidential login details. Instead you'll need to download a copy of your certificate and forward it to Licensing admin for your Coach record to be updated.**

Please note that while we accept certificates from traditional face-to-face First Aid workshops if you are able to attend one of these, **for online training you should take the course detailed above.** We advise using the link provided in order to access the appropriate course, as eLearning at Work also offers other training which we may not be able to accept. **If you wish to take an online First Aid course you must select this option.** **For attended First Aid workshops which meet the stated criteria, you can source the training from a provider of your own choice.**

For coach licensing, a traditional face-to-face First Aid workshop must meet all the following criteria:

- Must be of at least 3 hours' duration;
- Must be an assessed course which provides a certificate, not just a Record of Learning;
- Must cover management of breathing/resuscitation, including CPR;
- Must cover management of bleeding;
- Must cover management of unresponsive casualty;
- Must have a stated validity period or expiry date set by the training provider.

**If you aren't sure whether your proposed course will meet the requirements, please check before you book or pay for any training.**