

Support and Resources - Adults and Adults at Risk

Below is a selection of national support organisations for a variety of concerns that may affect an adult member of an Angling Club, Fishery or federation. These can be provided to members themselves or be used as guidance to Welfare Officer's or other individuals providing support.

Name of organisation	Organisation role	Contact Details
Ann Craft Trust (ACT)	A national organisation providing information and advice about adult safeguarding. ACT have a specialist Safeguarding Adults in Sport and Activity team to support the delivery of safeguarding support to sports clubs in the UK.	https://www.anncrafttrust.org/ Tel: 0115 951 5400 Mon-Fri: 09:00-17:00 Email: ann-craft-trust@nottingham.ac.uk
Samaritans	Emotional support for people who are experiencing feelings of distress, despair or suicide	https://www.samaritans.org/ Tel: 116 123 (24 hrs) Email: jo@samaritans.org
Mind	Mind is a leading mental health charity in the UK dedicated to providing support and resources for anyone experiencing mental health challenges. Mind operates nationally, with over 100 local branches providing tailored support to communities across England and Wales. It can also provide other guidance and links to helplines for other issues both national and locally.	https://www.mind.org.uk/ Support line: 0300 102 1234 09:00-18:00, Mon - Fri (except bank holidays). All of Mind's mental health links to helplines: https://www.mind.org.uk/information-support/guides-to-support-and-services/seeking-help-for-a-mental-health-problem/mental-health-helplines/

<p>Women’s Aid</p>	<p>Women’s Aid is a national domestic violence charity. It also runs a domestic violence online help service.</p>	<p>https://www.womensaid.org.uk/ Online Chat option and Online Forum Email: helpline@womensaid.org.uk</p>
<p>Refuge</p>	<p>National Domestic Abuse helpline/services</p>	<p>https://www.nationaldahelpline.org.uk/ England Tel: 0808 2000 247</p>
<p>Respond</p>	<p>Respond provides a range of services to victims and perpetrators of sexual abuse who have learning disabilities, and training and support to those working with them.</p>	<p>https://respond.org.uk/ Tel: 020 7383 0700 or 0808 808 0700 (Helpline) Email: admin@respond.org.uk</p>
<p>National Association for People Abused in Childhood (NAPAC)</p>	<p>Support and guidance for Support line for adults who have suffered any type of abuse in childhood.</p>	<p>https://napac.org.uk/ Tel: 0808 801 0331 Mon - Thurs: 10am – 9pm Fri: 10am – 6pm Email: support@napac.org.uk</p>
<p>Stop Hate Crime</p>	<p>Works to challenge all forms of Hate Crime and discrimination, based on any aspect of an individual’s identity. Stop Hate UK provides independent, confidential and accessible reporting and support for victims, witnesses and third parties.</p>	<p>https://www.stophateuk.org/ Tel: 0800 138 1625 24-hour Reporting App</p>

<p>Suzy Lampugh Trust – National Stalking Helpline</p>	<p>Suzy Lamplugh Trust is the UK's leading personal safety charity. As well as offering training and consultancy services, they also manage the National Stalking Headline.</p>	<p>https://www.suzylamplugh.org/ National Stalking Helpline: 0808 802 0300 Tel: 020 83921839 Fax: 020 8392 1830 Email: info@suzylamplugh.org</p>
<p>The Survivors Trust</p>	<p>The Survivor’s Trust is a national membership organisation supporting specialist rape and sexual abuse services in the voluntary sector.</p>	<p>https://thesurvivorstrust.org/ Tel: 0808 801 0818 or text: 07860 022 956 Monday – Thursday: 10am-12.30pm, 1.30pm-3pm & 6pm-8pm Friday: 10am – 12.30pm & 1.30pm – 3pm Saturday: 10am – 12.30pm Sunday: 6pm – 8pm Bank holidays: 10am – 12.30pm</p>
<p>Rape Crisis</p>	<p>A service for anyone aged 16+ in England and Wales who has been affected by rape, child sexual abuse, sexual assault, sexual harassment or any other form of sexual violence – at any point in their life. This includes people who have experienced sexual violence or abuse themselves, as well as their friends, family or anyone else who is trying to support them.</p>	<p>https://247sexualabusesupport.org.uk/ Tel: 0808 500 2222 (24 hour) Or online chat function available</p>
<p>The National Care Line</p>	<p>A helpline to be able to report Elder Abuse.</p>	<p>https://www.thenationalcareline.org/AccessingHelp/ActionOnElderAbuse</p>

		<p>Helpline: 0800 0699 784 Telephone: 0300 456 0300 Textphone: 0115 934 2778 Monday to Friday, 9am to 5pm (except Wednesday) - Wednesday 10am to 5pm</p>
HourGlass	<p>Hourglass works to challenge and prevent the abuse of older people, through the provision of services, training.</p>	<p>https://wearehourglass.org/ Free text service:078 6005 2906 Helpline: 0808 808 8141 (24 hour) enquiries@wearehourglass.org</p>
Victim Support	<p>Provides practical advice and help, emotional support and reassurance to those who have suffered the effects of a crime.</p>	<p>https://www.victimsupport.org.uk/ Support Line: 08081689111 Text Relay: use the Relay UK app Live chat option available on website</p>
Alzheimer’s society Dementia Support Line	<p>A dedicated support line ran by the Alzheimer’s society to support people with dementia. Alzheimer's Society offers a range of dementia support services. From a listening ear on the phone to a visit in person and opportunities to connect with others.</p>	<p>https://www.alzheimers.org.uk/get-support Tel: 0333 150 3456 Monday to Wednesday: 09:00 – 20:00 Thursday and Friday: 09:00-17:00 Saturday and Sunday: 10:00-16:00</p>
Respect: Men’s Advice Line	<p>There are a range of services available for men who have been affected by domestic abuse that support you to</p>	<p>https://mensadvice.org.uk/male-victims/support-for-male-</p>

	<p>receive emotional and practical help, understand your rights and options and safely leave an abusive relationship.</p> <p>The Information Hub has been created to help find contacts to local domestic abuse service, access refuges for male victims and links to various organisations offering specialised support for other areas of need.</p>	<p>victims/#:~:text=If%20the%20abuser%20recognises%20that,uk%20for%20information%20and%20support.</p> <p>Tel: 0808 8010327</p>
Switchboard	<p>Switchboard is the national LGBTQIA+ support line. For anyone, anywhere in the country, at any point in their journey. We can discuss anything related to sexuality and gender identity. Whether it's sexual health, relationships or just the way you're feeling.</p>	<p>https://switchboard.lgbt/</p> <p>Tel: 0800 0119 100 10:00-22:00 every day</p>
National Autistic Society	<p>We are the UK's leading charity for autistic people and their families. Since 1962, they have been providing support, guidance and advice to autistic people, their families and people who support autistic individuals.</p>	<p>https://www.autism.org.uk/</p>
Drinkaware	<p>Drinkaware is an independent charity which aims to reduce alcohol-related harm by helping people make better choices about their drinking. It also houses lots of other groups and organisations for other kinds of addictions and concerns.</p>	<p>https://www.drinkaware.co.uk/advice-and-support/alcohol-support-services/support-lines</p> <p>Helpline: 0300 123 1110 (weekdays 09:00–20:00, weekends 11:00-16:00)</p> <p>Online Chat Service 'Drinkchat' is available from 9:00-14:00 on weekdays.</p>
VoiceAbility	<p>An independent charity and one of the UK's largest providers of advocacy and involvement services.</p>	<p>https://www.voiceability.org/?_gl=1*hn3m4t*_up*MQ.*_gs*MQ..&gclid=EAlaIqobChMInte4mZnjigMV8JxQBh0vSQCjEAAAYASAAEgl2zPD_BwE</p>

		<p>Tel: 0300 303 1660 Mon-Fri 09:00-17:00</p> <p>Email: helpline@voiceability.org</p>
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